

ARE YOUR DAILY HABITS MAKING YOU SICK? *yes, Probably.*



WOULD YOU PUT YOUR FACE AGAINST A TOILET?

Even if you did, it would *probably* be cleaner than your phone.

There is more contamination on most cell phones than at the bottom of a shoe, toilet or door knob.

http://www.associatedcontent.com/article/66085/cell_phones_breed_staph_and_other_bacteria.html

Consider THIS



CELL PHONES HAVE **18X MORE BACTERIA**

than a toilet flush handle.

<http://www.cbsnews.com/stories/2010/10/15/earlyshow/living/parenting/main6968667.shtml>

BACTERIA ON YOUR PHONE CAN LIVE FOR UP TO A WEEK

<http://www.pri.com/dpp/health/germs-found-lurking-on-your-cell-phone>

The virus can be spread by rubbing your eyes, biting your nails or putting hands to your face.



30% OF VIRUSES make it to your fingertips just by touching the screen of someone else's phone.



<http://abcnews.go.com/GMA/Health/story?id=2273311>

ARE YOU AT RISK OF CELL MONELLA

Every square inch of a cell phone contain tens of thousands of germs.

Germs can multiply in warm places- between the heat the phone generates and the germs on faces and hands.

Gerba tested 25 cell phones and found the staph bug growing on half.

Staph infections can cause everything from skin infections to meningitis.

Do you ever use your cell phone while cooking?

WHERE ARE MOST FOODBORNE ILLNESSES FROM?

at Home or Restaurant?



80% of foodborne illnesses are caused inside the home due to your habits

*Public-Education Group Hygiene Council

LAST YEAR IN AMERICA

76,000,000
Got Sick

325,000
Were Hospitalized

5,000
Died

DUE TO FOODBORNE ILLNESSES

2010 CDC STATS IN AMERICA

Do you have Dirty Habits?

KIK EM



for more information, visit:
KeepingitKleen.com

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